



Understanding Our Slavery: Consumer Monopoly Consolidation

www.UnderstandingOurSlavery.com

The Drug Dealers & the Company Store – Monopoly/duopoly corporations that poison the population with excessive sugar, aspartame, BPA/BPS, rBGH, artificial food colorings, glyphosate, fluoridated water, glutamates, and refined grains many scientifically designed and marketed to be physically and psychologically addictive. Most significant industrial production of consumer goods concentrated into a handful of duopoly companies financed to be a predatory monopoly force within their own industries by the money center banks and their central bank that have bought up the world with the paper tickets they create out of thin air using fractional reserve banking. Shop Local. Break the Chains. Know Your Farmer. Grow what you can. Barter. Boycott and divest from these companies.



Glyphosate is the active ingredient in Monsanto's Roundup herbicide. Monsanto and Dow are chemical companies that make poisons for the military ([Agent Orange](#)) who are now adding toxic poisons to the US/global food supply including glyphosate, [rBGH](#), [Aspartame](#), and [Fluoride](#) among others while [monopolizing seed companies](#) and [genetically modifying the seeds in harmful ways](#) in what appears to be an effort to control/poison the food supply. Glyphosate can be harmful to human beings in concentrations of as little as 0.1 parts per billion (ppb).

Charts from a story by clean food activist Vani Hari (Aka the Food Babe) foodbabe.com/2016/11/15/monsanto/

Full independent laboratory report from Food Democracy Now and the Detox Project: https://s3.amazonaws.com/media.fooddemocracynow.org/images/FDN_Glyphosate_FoodTesting_Report_p2016.pdf

Glyphosate Food Testing Results: (in parts per billion – ppb)

Full laboratory reports for this food testing can be found [here](#). A searchable database of results can be found [here](#).

General Mills		
	Original Cheerios	Glyphosate - 1,125.3 ppb AMPA - 26.4
	Honey Nut Cheerios	Glyphosate - 670.2 ppb AMPA - 14.5
	Wheaties	Glyphosate - 31.2 ppb
	Trix	Glyphosate - 9.9 ppb
	Gluten Free Bunny Cookies Cocoa & Vanilla	Glyphosate - 55.13* ppb
Kellogg's		
	Corn Flakes	Glyphosate - 78.9 ppb
	Raisin Bran	Glyphosate - 82.9 ppb
	Organic Promise**	Glyphosate - 24.9 ppb
	Special K	Glyphosate - 74.6 ppb
	Frosted Flakes	Glyphosate - 72.8 ppb
	Cheez-It (Original)	Glyphosate - 24.6 ppb
	Cheez-It (Whole Grain)	Glyphosate - 36.25* ppb
	Soft-Baked Cookies, Oatmeal Dark Chocolate	Glyphosate - 275.58* ppb
Nabisco		
	Ritz Crackers	Glyphosate - 270.24 ppb
	Triscuit	Glyphosate - 89.68 ppb
	Oreo Original	Glyphosate - 289.47* ppb

Food Democracy Now! Glyphosate: Unsafe on Any Plate.

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Nabisco (continued)		
	Oreo Double Stuf Chocolate Sandwich Cookies	Glyphosate - 140.90* ppb
	Oreo Double Stuf Golden Sandwich Cookies	Glyphosate - 215.40* ppb
PepsiCo		
	Stacy's Simply Naked Pita Chips (Frito-Lay)	Glyphosate - 812.53 ppb
	Lay's: Kettle Cooked Original	Glyphosate - 452.71* ppb
	Doritos: Cool Ranch	Glyphosate - 481.27* ppb
	Fritos (Original) (100% Whole Grain)	Glyphosate - 174.71* ppb
Campbell Soup Company		
	Goldfish crackers original (Pepperidge Farm)	Glyphosate - 18.40 ppb
	Goldfish crackers colors	Glyphosate - 8.02 ppb
	Goldfish crackers Whole Grain	Glyphosate - 24.58 ppb
Little Debbie		
	Oatmeal Creme Pies	Glyphosate - 264.28* ppb
Lucy's		
	Oatmeal Cookies Gluten Free	Glyphosate - 452.44* ppb
Whole Foods		
	365 Organic Golden Round Crackers**	Glyphosate - 119.12* ppb
Back to Nature		
	Crispy Cheddar Crackers	Glyphosate - 327.22* ppb

Limit of Quantitation: 5 ppb

*These samples exhibit very low recovery and/or response. The above amounts found are rough estimates at best and may not represent an accurate representation of the sample.

** Widespread contamination in food supply — even organic farmers are having their crops/our food contaminated.

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[Understanding Our Slavery](#) is both a book and series of one-page visual overviews of concepts hidden from the public by inter-generational organized crime that has been controlling the flow of information in society. Their "Propaganda Matrix" includes control of the government, government schools, scouting, intelligence agencies, military and police training, and a weaponized media system of 6 companies running hundreds of subsidiaries to give the population the illusion of choice and diversity-of-opinion while propagandizing, deceiving, and distracting us from the reality of our tax slavery and authoritarian control. These [one-pagers](#) are designed to be printed out and shared but with accessible PDF versions with active hypertext links. We have an 8GB Flash Drive/Dropbox called: [The Liberator](#) with additional evidence of government and media criminality.